

2023 Area Al-Anon Speaker Dinner

"Growing Up" in Al-Anon

Pg 135 Courage to Be Me--Living with
Alcoholism

"Growing up, I never had anyone I could totally confide in. I always felt I had to hide part of myself. I also felt that if someone knew the real me I wouldn't have any friends. I always felt afraid of what people might think of me...My Sponsor helped me to accept change, I was always afraid to do anything new. Without (her) help I wouldn't have led my first meeting, which helped me in my growing process. I wouldn't have started working the Steps. I wouldn't have told anybody my secrets, and I'd still be trapped in yesterday."



St Andrew Presbyterian Church

180 24th St W, Billings, MT 59102-The Garden Room

March 11, 2023 Saturday Dinner at 6pm
Speakers 7pm (Bring your Friends it's Free!)
Nicole B. & Eric G. from Billings, MT

Name: _____

Make Checks or Money Orders Payable to: **MT AFG** \$29.00 by **3/3/2023**

Send Checks to: Patti W. 4432 Vaugh Lane, Billings Mt 59101

Q/A Please Call/Text: Melinda R. 602-573-2905

***All participants please send in your online registration to select your dinner choices & register for the speaker. If you are only coming for the speaker please register also so that we can have a chair saved for you.**

Online Registration: <https://forms.gle/okaFTKUa2RK8sJzN9>

Dinner Provided by [Catering for Good Montana](#)

Taco Bar with Pollo Asada, Carne Asada or Chorizo & Potato Burrito (Vegetarian option is a soy based alt meat product). All meals come with rice & beans, chips and homemade salsa. Drinks included. Check out the website to see a picture of the dinner choices. Taco bar is Gluten free. Multiple desserts will have gluten/soy and nut free options.